

## HEREFORD & WORCESTER BREAST SCREENING SERVICE – GENERAL INFORMATION

### ON THE DAY OF THE APPOINTMENT

- Please **DO NOT** USE talcum powder or spray deodorant when you attend as they can affect the quality of the X-ray, however you may use a roll on deodorant.
- It is a good idea to wear a skirt or trousers and a top rather than a dress as you will be asked to undress down to the waist.
- Radiology staff are not permitted to supervise children and children are not allowed in the waiting area unaccompanied

### DURING YOUR VISIT

Our staff will explain what is involved and will answer any questions. When you have undressed, the X-ray is taken by compressing your breast between plastic plates on the X-ray machine. This may be a little painful, but only lasts for a few seconds.

### YOUR RESULT

A result letter will be sent to you and your GP will be notified approximately 2-3 weeks after screening.

### CONTACT US

You can telephone us on **01905 760145** or email [wah-tr.herefordandworcesterbreastscreening@nhs.net](mailto:wah-tr.herefordandworcesterbreastscreening@nhs.net) we are open Monday to Friday excluding Bank Holidays 8.45 am until 4.15 pm

### PLEASE CONTACT US IF ANY OF THE FOLLOWING APPLY:

YOU HAVE HAD MAMMOGRAM WITHIN THE LAST 6 MONTHS  
YOU HAVE BREAST IMPLANTS  
YOU ARE UNDER THE CARE OF A BREAST CONSULTANT  
IF YOU ARE ON HOLIDAY WITHIN 4 WEEKS OF YOUR SCREENING APPOINTMENT

